

DMO's for 90 Day Plan

1. The plan is called a 90 day plan. Basically a one day plan done for 90 days. This will give you your true results; it will become a snowball effect. **(Just like working out at the gym, the muscles doesn't appear immediately, with consistency and discipline over a period of time, you will get results.)**
2. Choose a minimum of 3 methods for retail and 3 methods for recruiting (e.g 1000 fliers daily, 5 circle of influence daily and 20 surveys daily)

You will find your own statistics and batting average on activities, it is very important to work on your own averages using a gauge/tracking sheet.

(On average 1 in 10 people you speak too will become a distributor, 1 in 5 people you recruit will become a supervisor.)

(On average 1 in 10 people you speak too will become a customer.)

YOUR "WARM" MARKET OR "COI" WILL GET YOU THE FASTEST RESULTS!!!!

Some Methods you can use in your business

*** Centre of Influence**

*** Fliers**

*** Sampling**

*** Walk & Talk**

*** Advertisement**

*** Nutrition Club**

*** Social Networks (Facebook)**

*** Shake Parties / Total Plan**

*** Surveys**

*** Wellness Evaluation**

*** Competition Boxes**

*** Website / Internet Leads**

*** Weight Loss Challenge**

*** Fit Club / Dance Fit Club**

*** Booths / Roadshow**

*** Referrals**

*** Posters / Pull Tabs**

*** SMS**

*** Email**

*** Door Knocking**

*** Button / Branded**